



PATIENT'S INFORMATION

Patient's Name: Jackson Thomson		I prefer to be called Jackson	
Spouse/Guardian: Leslie Thomson		Address: 100 Oak Street	
City: Fox River Grove		State: IL	Postal Code: 60021
Home Tel: (847)555-1221	Work Tel: (847)555-6846		E-Mail Address: sales@eclipsecorp.us
Date of Birth: 1973-02-27	Age: 52	Gender: Male	☒ Married ☐ Single ☐ Widow(er)

HEART EXAM

Blood Pressure Category	Systolic mm Hg (upper #)	Arm	Diastolic mm Hg (lower #)	Date	Checked By	Blood Pressure Medication(s)	Heart Rate
Normal	114		62	24-03-16	Julie Cox RN	none	86
Normal	104		60	24-02-28	Julie Cox RN	none	81
Normal	111		61	24-02-21	Julie Cox RN	none	86
Normal	109		59	24-02-27	Julie Cox RN	none	82
Normal	119		78	23-08-16	Julie Cox RN	none	84
Prehypertension	125		82	23-02-20	Livi Smith	none	80
Prehypertension	133		84	22-07-04	Livi Smith	none	81
High Blood Pressure (Hypertension) Stage 1	145		98	22-01-04	Livi Smith	none	84
Hypertensive Crisis (Emergency care needed)	190		130	12-02-14	Julie Cox RN	Lipitor oral Simcor oral niacin-lovastatin oral	69

HEART EXAM Normal

GENERAL EXAM NOTES FROM PREVIOUS VISIT(S)

Normal	Normal	Normal	None
--------	--------	--------	------

EYE EXAM

Normal

TEETH & GUMS EXAM

Normal

Continued on next page

HEALTH HISTORY REPORT (CONTINUED)

Patient: Jackson Thomson **DOB:** 1973-02-27 **Visit Date:** 2024-01-31 **MRN:** 660980970 **Age:** 52 **Gender:** Male

Tonsils	Thyroid	Arteries	Other
Sinuses Exam			
Normal			

Abdomen Exam Liver size, abdominal fluids, bowel sounds and tenderness
Normal

Lung Exam
Normal

Dermatological Exam
Dry Itchy skin
Home Remedies For Dry Skin Prevent dry skin by taking lukewarm (not hot) showers or baths for no longer than 10-15 minutes. Use a mild soap or body cleanser. Dry yourself very carefully (pat yourself dry, instead of rubbing vigorously) and apply moisturizing skin lotions all over your body. Avoid lotions with fragrances or other irritating substances. Avoid wool/mohair and other irritating fibers. Lubriderm® Advanced Therapy Formula Deeply Hydrates Extra Dry Skin.Restore extra-dry skin · Intensely hydrates · Clinically shown · Vitamin B5 · Absorbs in seconds

Neurological Exam: Muscle Strength, reflexes, balance and mental state
Normal

Extremities Exam
Normal

Male Exam
Take Male vitamins

LABORATORY TEST NOTES		
Complete Blood Count	Chemistry Panel	Urinalysis (UA)
Hemoglobins LOW @ 9 g/dL RDW: Red Cell Distribution Width LOW @ 8.7 LYM HIGH at 8.56 MONO HIGH @ 10.48 All other Hematology NORMAL	Normal	Lead ELEVATED 10 Proteins TRACE Mercury ELEVATED 6.3 All other Urinalysis NORMAL

Continued on next page

HEALTH HISTORY REPORT (CONTINUED)

Patient: Jackson Thomson DOB: 1973-02-27 Visit Date: 2024-01-31 MRN: 660980970 Age: 52 Gender: Male

IMPERIAL BODY MASS INDEX (BMI) FORMULA

$$\text{BMI} = \frac{\text{Mass (Pounds)}}{(\text{Height(Inches)})^2} \times 703.06957964$$

BMI Category	Date	Checked By	Medication(s)	Weight	Height	BMI Score
Normal Healthy Weight	24-02-22	Julie Cox RN	none	115lbs	63"	20
Normal Healthy Weight	24-08-16	Julie Cox RN	none	128lbs	63"	23
Overweight	24-02-20	Julie Cox RN	none	145lbs	63"	26
Obese	24-07-04	Livi Smith	none	170lbs	63"	30
Extremely Obese	24-08-12	Livi Smith	none	243lbs	63"	43
Extremely Obese	12-02-14	Julie Cox RN	Celexa oral Diethyltoluamide Dietex Forte	272lbs	63"	48

One A Day Men's VitaCraves Multivitamin Gummies - Green Apple, Cherry & Berry

One A Day® Men's VitaCraves® Gummies is designed specifically to help address men's health concerns with more† antioxidantst which support the increased need caused by moderate to intense physical activity and more†† B-Vitamins which support heart health‡ and help convert food to energy.* All this, in an enjoyable gummy form.†With 30% DV more Vitamin A (4000 IU vs. 2500 IU) and 75% DV more Vitamin C (75mg vs. 30mg) than VitaFusion® Men's††With 150% DV more Vitamin B6 (5mg vs. 2mg), 83% DV more Vitamin B12 (15mcg vs. 10mcg), and 150% DV more Biotin (600mcg vs. 150 mcg) than One A Day® VitaCraves® Gummies‡ Not a replacement for heart medications.*This statement has not been evaluated by the Food and Drug Administration.This product is not intended to diagnose, treat, cure, or prevent any disease. If the item details above aren't accurate or complete, we want to know about it.

OVERALL RECOMMENDATIONS AND SPONSORED AD(S)

Patient is in great shape overall. Following regular exercise routine. Follows a proper diet. Currently takes vitamin supplements.